

## Elementary School Lunch

### Super Sizing

March 17, 2010

Students in second grade and up are permitted to purchase one second entrée which is called “super sizing”. Students in these grades are also permitted to purchase extra fruit, vegetables, grain products and milk. School policy also specifies that if a student packs his/her lunch, the student is not permitted to purchase a lunch for that day. If a student packs lunch and would like to purchase a drink, fruit, or vegetables, this is permissible. The purpose of limiting the entrees is to get students to eat a better diet, incorporating all the food groups and limiting excessive calories per meal, thus providing a much healthier lifestyle.

The policies that the district has in place are meant to insure the best possible practice for our students. These policies are set with the intention for fair opportunity for all students. Therefore, we must strive to strictly follow all policies so that each student is treated fairly and equally. If a medical condition exists which requires different or unusual circumstances, the food service department will work with the school nurse to ensure that the doctor’s written orders are followed. All school policies follow the guidelines set forth in the federal and state regulations of the national lunch program.

If any you would have any questions or concerns on this matter please feel free to contact me at 724-459-5500 ext 82114 or email me at [brida@b-ssd.org](mailto:brida@b-ssd.org).

Jim Brida  
Food Service Director, Blairsville-Saltsburg School District